

2011-2012 INNERCITY TENNIS SATURDAY SCHEDULE



•KIDS AGES 3-17 WELCOME

•SAME DAY REGISTRATION

FALL SESSION

October 1, 8, 15, 22, 29

November 12, 19

WINTER SESSION

December 3, 10

January 7, 14, 21, 28

February 4



**PROGRAM DETAILS
ON THE FLIP-SIDE**

SPRING SESSION

March..... 3, 10, 17, 24, 31

April..... 14, 21



INNERCITY TENNIS / REED-SWEATT FAMILY TENNIS CENTER
4005 Nicollet Avenue | 612-824-6099
Minneapolis, MN 55409 | www.innercitytennis.org

LEVEL I

Ages 3-6
1:30 - 3:00



- Skill development stations help kids prepare for a future in any sport.
- **Physical Skill Building** (agility, balance, hand-eye coordination)
- **Life Skill Building** (teamwork, taking turns, helping others).

LEVEL II

Ages 7-11 - 3:00-4:30

- Activity stations build tennis fundamentals.
- Rally skills
- Foam balls accelerate the learning process for the forehand & backhand groundstrokes, volley and overhead.



LEVEL III

Junior High Kids - 3:00-4:30



- The full court and regular balls are used.
- Serve and return are introduced.
- Scoring and point play are taught.

LEVEL IV

High School Kids
4:30-6:00

- Court positioning
- Match tactics
- Mental approach to the game

